KINGSCLIFF HIGH SCHOOL CANTEEN MENU 2023

BREAKFAST MENU -

Raisin Toast (2) - \$2.50 Ham, Cheese & Tomato Croissant - \$4.50 Ham, Cheese Croissant - \$4.00 Oats, Chai, Yogurt, Berries & Muesli Cup - \$4.50 Smashed Avo on Turkish Bread & Feta - \$4.00 Fresh Fruit - \$1.50 Fruit Bowl - \$5.00 Yogurt - \$2.50 **SPECIAL:** Bacon & Egg Burger - \$5.00 Hash Brown -\$2.00



TOASTED SANDWICHES -

Mac & Cheese Jaffle - \$4.00 Cheese - \$2.50 Cheese & Tomato - \$3.50 Ham & Cheese - \$3.50 Ham, Cheese & Tomato - \$4.00

BURGERS –

Cheese Burger - \$5.50 Grilled Chicken - (Lettuce, Cheese, Aioli Sauce) \$6.00 Grilled Chicken Satay - (Lettuce, Carrot, Tomato) - \$6.00 Hamburger (w/Cheese, Lettuce, Tomato, carrot, BBQ Sauce) - \$6.00 Chicken Patty & Cheese Burger -\$5.50

Veggie Burger (Vegie Patty, Lettuce, Tomato, Cucumber & Relish) -\$6.00

CHICKEN WRAPS -

Sweet Chilli Tender Wraps (w/Lettuce, Cheese, Tomato, Carrot & Sweet Chilli Sauce) \$6.00

Grilled Chicken Wraps (w/Lettuce, Carrot, Cheese & Aioli Sauce) \$6.00

Classic Chicken Wrap Chicken, Lettuce, Cheese & Mayo \$6.00

BURRITOS –

Seasoned Beef w/carrot, beans & Onion (Lettuce, Cheese, Tomato, Carrot) \$6.00

<u>COLD FOOD –</u>

SALADS: Caesar Salad (w/egg & Chicken) -\$6.50 Garden Salad Bowl - \$4.50 w/cheese & Egg - 5.50 Add Chicken or Ham) - \$6.50 Falafel Salad – (Baby Spinach, Pumpkin, Feta, Falafels, Onion, Dressing) - \$6.50

SANDWICHES & WRAPS Falafel Wrap/Pita Pocket –

Salad - \$4.50 w/cheese - \$5.00 Salad W/Cheese, Chicken or Ham - \$5.50 Egg, Lettuce & Mayo - \$5.00 Chicken, Lettuce & Mayo - \$5.00 Salad & Ham or Chicken Roll -\$5.00

<u>SUSHI</u> - <mark>\$4.00</mark>

Tuna Chicken Teriyaki Tuna Avocado Salmon & Avocado Vegetable Tempura Avocado Chicken Avocado

Chicken Rice Paper Rolls HOT FOOD -

Teriyaki Chicken Bowl (Rice, Cucumber, Carrot, Chicken) \$6.50 NEW Asian Salad & Rice w/chicken Strips \$6.50 NEW Peri Peri Chicken & Salad Sliders (2) \$7.00 NEW Singapore noodles, Asian Vegetables w/chicken \$6.50 NEW Loaded fries - Ham & Cheese -\$5.50 Wedges - \$4.00 Hot Dog - w/cheese - \$4.00 Vegan Hot dog - \$4.50 C/Cheese & Spinach Roll - \$5.00 Chicken Goujons 6pc - \$4.00 Chicken Nuggets 6pc - \$4.00 PIZZA – Ham & Cheese \$4.00 Margarita - \$3.50 Meat Lovers - \$4.50 Ham & Cheese Pizza Muffins – (2 for \$5.50) **NACHOS** Meat Nachos w/cheese - \$6.00 **CHICKEN TENDERS -**(2) w/Wedges & Sauce \$5.50 Carbonara - \$5.50 Meat Pie - \$5.00 Sausage Roll - \$4.00 **TURKISH BREAD** - Cheese, Chicken or Ham, Tomato &



SNACKS -

Mayo - \$6.00

Piece of Fruit - \$1.50 Fruit Salad bowl - \$5.00 Muffins - \$2.50 Yogurt Tubs - \$2.50 Chai, Yogurt, Berries & Muesli Cups - \$4.50 Garlic Bread 5pc - \$2.50 Banana Bread - \$2.50 Popcorn - \$1.00 Sultanas - \$1.00 Rice Snacks - \$1.00 Mini Muffins - \$1.00

VEGETARIAN MENU -

HOT FOOD -

Carbonara & Cheese - \$4.50 Garlic Bread - \$2.50 Spinach & Feta Roll - \$5.00 Hash Brown - \$2.00 - N/A Wedges - \$4.50 - N/A Vegetable Frittata - \$5.00

COLD FOOD -

Falafel Salad – (Baby Spinach, Pumpkin, Feta, Falafels, Onion, Dressing) - \$6.50 Vegetarian Nachos (Corn Chips, Diced Red onion, cucumber & Tomato, Sour Cream & Chilli Sauce - \$5.50 Fruit Salad - \$5.00 Chai, Yogurt, Berries & Muesli Cups - \$4.50 Fresh Fruit - \$1.50 Yogurt - \$2.50 Salad Roll or Sandwich w/egg & Cheese - \$5.00 - WRAP ADD 50c Muffins - \$2.50 Garden Salad - \$4.50 w/cheese & Egg - 5.50 add avocado 50c



FROZEN FOOD -

Frosty Fruits - \$2.00 Quelch Ice blocks - \$1.00 Yogurt Cups - \$2.50



Asian Salad & Rice w/chicken

GLUTEN FREE MENU

<u>ORDER BY 8.50 am –</u>

Beef or Chicken Burger w/salad -\$6.50 Hot Chips & Grilled Chicken -\$6.00 Sandwiches \$5.50 - Salad

- Egg & Lettuce

Meat & Salad
Garden Salad Bowl w/ egg \$4.50
Mini Party Pies & Sausage Rolls
(4) - \$6.00

Falafel Salad – (Baby Spinach, Pumpkin, Feta, Falafels, Onion, Dressing) - \$6.50

Vegetarian Nachos (Corn Chips, Diced Red onion, cucumber & Tomato, Sour Cream & Chilli Sauce - \$5.50



DRINKS -

Water 500ml - \$2.50 Plain Milk - \$3.50 Chocolate Milk - Large \$4.50 Strawberry Milk - Large \$4.50 99% Fruit Juice Slushie - Large \$4 Small \$3 Iced Coffee - \$4.50 Iced Chocolate - \$4.50 Fruit Juice - \$4.00 Popper - \$2.50 UP & GO - \$3.00 Nippy's - \$3.00



Teriyaki Chicken Bowl

SUSTAINABILITY

Our Canteen will reduce use of plastics where possible to be more sustainable. We will source more ecofriendly serve ware and containers that are cost effective. To Encourage Students to recycle a recycle bin will be placed at the front of the canteen. Students who place their container, serve ware in the bin have a chance to receive 1 of 2 monthly draws being \$10 voucher to spend at the canteen. Students are required to write their name the book provided



A friendly reminder that Ice blocks and Slushies will not be available to purchase 10 minutes before the end of each break.

We Cater for a Diverse Range of Dietary Requirements, Culture and Family Values We Welcome Your Feedback and Suggestions on our Menu