

PHYSICAL ACTIVITY & SPORTS STUDIES (PASS)



PASS can be studied as an elective in Year 9 and in Year 10.

In doing so students will:

- Develop an appreciation of movement, as well as the development of physical skills and a willingness to participate and promote regular physical activity.
- Topics that we study include-



Year 9 course

- Participate in Badminton, Oztag, Sofcrosse, Fundamental Movement Skills and Traditional Indigenous Games.
- In pairs, create a game and conduct it with your class.
- Select a Traditional Indigenous game, then in small groups, plan and conduct it with your class and to Year 4 students of our local feeder primary schools (Kingscliff, Bogangar, Pottsville, Duranbah, Cudgen, Fingal).



Year 10 Semester 1 course

- Participate in American Football, Indoor Hockey and AFL
- Plan and conduct an in class athletics event.
- Plan and conduct an Athletics Carnival for one of the local feeder primary schools (Kingscliff, Bogangar, Pottsville, Cudgen) whilst assisting at the remaining school's Athletics Carnivals. The best performing students will also be invited to officiate at the Tweed District Carnival and the Combined Small Schools Athletics Carnival.



Year 10 Semester 2 course

- Participate in European Handball, Badminton and Ultimate Frisbee
- Plan and conduct an in class sporting competition.
- Plan and conduct a recess sporting competition for either Years 7, 8, 9 or 10.
- Participate in a possible lifestyle and recreation excursion.

