

TARGETED SPORTS PROGRAM- BASKETBALL



The Program

The TSP- Basketball is designed to contribute to the development of 20 identified aspiring young athletes in the sport of basketball, by providing them with a variety of sport specific learning experiences throughout the year.

In order to contribute to the development of these aspiring young athletes, TSP- Basketball athletes will-

1. Participate in weekly sport specific training programs every Monday and Wednesday from 7.30-8.30am. This will help develop them in their chosen sport by improving fundamental skills, knowledge and fitness.
2. Be provided with a variety of opportunities to compete and represent KHS in their chosen sport (**refer Competitions outlined below**).
3. Participate in the Talented athlete academic support program. This will allow them to access academic support in the school library on Wednesdays in lieu of attending sport or to sign out at the start of lunch times on Wednesdays to study at HOME, train or to recover. (**refer Talented Athlete Academic Support Program for further information**).
4. Have access to high quality coaching and development opportunities through affiliated and complementary sporting bodies.
5. Develop their personal understanding and knowledge of training and health components that build successful athletes.

Philosophy

- A Basketball high performance program focused on developing and supporting talented junior athletes through the NSW school and Association basketball pathways
- All coaching aligned to the Basketball NSW and Basketball Australia Player Development Curriculum
- An athlete centered program which strives to foster and develop a high performance culture, including ingraining those behaviours and habits crucial for athletes to achieve their personal best.
- A challenging and dynamic training environment to grow individual and team based skills and knowledge of the game of basketball, and overall athletic development
- Development of other critical skills including self-discipline, daily habits, selflessness, teamwork and leadership to support athlete growth not only in their sport, but also in their academic, professional and daily lives.

Competitions

2024 North Coast CHS School Sports Association Basketball Competition

Comprises Boys and Girls teams in Under 15 and Opens age groups.

Format:

There are 4 Zones across the NSW North Coast (Far North Coast, Richmond River, Mid North Coast, Lower North Coast)

Far North Coast comprises 10 schools that play a 1 day knockout gala day.

The winning team progresses to the North Coast Finals Gala Day to play against the winners from the other 3 Zones.

2024 Far North Coast Basketball 3 on 3 Competition run by Basketball NSW

Comprises Boys and Girls teams in Under 14 and Opens age groups.

Format:

There are 7 schools with up to 3 teams in each division across the NSW Far North Coast (Kingscliff, Tweed, Banora, Murwillumbah, Mullumbimby, Byron Bay and Ballina).

1-day knockout gala day run by Basketball NSW at Byron Bay.

The winning team in the future to progress to the North Coast Finals Gala Day to play against the winners from the other 3 Zones.

2025 North Coast CHS School Sports Association Basketball Competition

Comprises Boys and Girls teams in Under 15 and Opens age groups.

Format:

There are 4 Zones across the NSW North Coast (Far North Coast, Richmond River, Mid North Coast, Lower North Coast)

Far North Coast comprises 10 schools that play a 1 day knockout gala day.

The winning team progresses to the North Coast Finals Gala Day to play against the winners from the other 3 Zones.

Achievements

- 2024 North Coast CHS School Sports Association Basketball Competition- FNC winners U15 Boys
- 2024 North Coast CHS School Sports Association Basketball Competition- FNC Runner up Open Boys
- 2024 3on3 Basketball NSW Gala Day Under 14 Boys Winners
- 2024 3on3 Basketball NSW Gala Day Open Boys Runner up
- 2023 North Coast CHS School Sports Association Basketball Competition- FNC winners U15 Boys

Coaching Staff Profile



Murray Smith (Head Coach)

Level 2 Coach (Previously Level 3)

Former NSW Waratah League and QBL Player & Coach

30Yr+ Involvement in Basketball

Current Tweed Valley Basketball Representative Head Coach

Previous Cairns and Gold Coast Basketball Representative Head and Assistant Coach

Former Basketball Queensland State Team Assistant Coach – Under 16's and 18's.

8Yr Gold Coast Basketball Board of Directors

Former NBL Team Front Office Staff Member

Degree Qualifications in Sport Science, Commerce, Law and Executive Management/Leadership



Jesse Miller (Teacher)

Assistant Coach/KHS coach

- Played for Sunshine Coast (Maroochydore) Clippers in the QBL
- Played for USC/UCLA college basketball
- NSW under 19's and North Coast Squads



Anthony LeMaistre

Coordinator / Coach

- Level 1 Coach
- Former Player
- Coach Amigos Basketball Club 50Yr+ Involvement in Basketball
- Current Tweed Valley Basketball Representative Team Manager
- Ran multiple sporting clubs

Photo Gallery







