# KINGYSPIRIT NEWSLETTER

Winner of four Director General's Awards for Education

# KINGSCLIFF HIGH SCHOOL

**ACHIEVEMENT THROUGH ENDEAVOUR** 

ISSUE 3 | TERM 4 | WEEK 6 | 8 November 2021

#### Year 11 Business Studies

Year 11 Business Studies students started their first HSC topic this term 'Operations'. In order for them to put their content knowledge into practice they became cupcake decorators for a period! Using their operation process knowledge, they served Mr Smith's Economic students and Miss Penman's Textiles and Design students their choice of 'decorated cupcake'.

Through this practical activity students found out that the operations transformation process can be quite tricky sometimes depending on certain influences!!

Check out some of the cool cupcake designs that were created!

# Courtney Keast HSIE Teacher | Kingscliff High School











TERM 4 CALENDAR	
MONTH - NOVEMBER	Week 6
Term 4 - COVID-safe school operations - Level 3	
Monday 8 November	Day: 7
Year 7&8 Yearly Exams 8/11/21 - 12/11/21	
P&C Meeting at 6:30pm (Online - AGM followed by November General Meeting	
Tuesday 9 November	Day: 1
HSC Exams 9/11/2021 - 3/12/2021	
Year 7&8 Yearly Exams 8/11/21 - 12/11/21	
Wednesday 10 November	Day: 2
HSC Exams 9/11/2021 - 3/12/2021	
Year 7&8 Yearly Exams 8/11/21 - 12/11/21	
Thursday 11 November	Day: 3
HSC Exams 9/11/2021 - 3/12/2021	
Year 7&8 Yearly Exams 8/11/21 - 12/11/21	
Friday 12 November	Day: 4
HSC Exams 9/11/2021 - 3/12/2021	
Year 7&8 Yearly Exams 8/11/21 - 12/11/21)	

Year 7&8 Yearly Exams 8/11/21 - 12/11/21)	
MONTH - NOVEMBER	Week 7
Monday 15 November	Day: 5
HSC Exams 9/11/2021 - 3/12/2021	
HSC Minimum Standards	
Tuesday 16 November	Day: 6
HSC Exams 9/11/2021 - 3/12/2021	
HSC Minimum Standards	
Wednesday 17 November	Day: 7
HSC Exams 9/11/2021 - 3/12/2021	
HSC Minimum Standards	
Thursday 18 November	Day: 1
HSC Exams 9/11/2021 - 3/12/2021	
HSC Minimum Standards	
Friday 19 November	Day: 2
HSC Exams 9/11/2021 - 3/12/2021	
HSC Minimum Standards	
SRC Fundraiser Wig Week	

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### Principal's Column

## Kingscliff High School Community Update - 4 November 2021

As announced by the Minister, from 8 November 2021 all NSW schools will move to updated Level 3 settings that bring school operations more in line with what is allowed in the community.

I would like to update you on the key changes that will be in place at our school from Monday 8 November 2021 and for the rest of Term 4.

## Keeping us all safe on school grounds

A combination of layered COVID-safe plans and measures will allow us to prioritise student and staff safety and keep our school open. To do this, the following guidelines will be in place:

- Students, staff and visitors must not attend school if unwell, even with mild symptoms.
- All staff and adult visitors on the school site must be fully vaccinated and provide proof of vaccination.
- All staff and visitors must check in using the QR code when attending a school site or gathering.
- Masks are required indoors for all staff, adult visitors and students in Year 7 or above. Masks can be removed when eating or exercising.
- Adults should maintain 1.5 metres physical distancing wherever practicable.
- Activities and events will be held outdoors where practical.
- Indoor spaces will be well ventilated and as large as possible for the number of attendees following square metre guidelines.
- Students should avoid mingling with other class and year groups when moving around the school.
- Students and staff will maintain good hand hygiene and schools will continue with enhanced cleaning, including high touch points.

# From 8 November 2021

Our school will operate on updated Level 3 settings for the rest of Term 4 2021, with the following activities allowed in a COVID-safe manner:

- Assemblies and presentations are allowed outdoors, with cohorts separated and physical distancing in place.
   Fully vaccinated visitors (including parents and carers) are only allowed to attend if completing a specific role (such as presenting) and at the invitation of the school.
- Dancing, bands, ensembles and music classes will be allowed within cohorts. However, everyone must wear
  masks while playing instruments indoors. Other instruments that rely on breath or require a mask to be
  removed to be played, as well as singing and chanting, are not permitted in Term 4.
- Excursions are allowed outdoors (and indoors where sole use of the premises is available).
- Incursions are allowed indoors and outdoors where cohorts are kept separate.
- Graduations and formals are allowed within cohorts, either on school sites or at external venues with COVID-safe plans in place and physical distancing adhered to.
- Transitions and orientations are allowed in a COVID-safe way that minimises mingling between students.

#### Parents and carers on site to support school operations

Fully vaccinated parents and carers will be allowed on-site to support curriculum delivery, student wellbeing activities and school operations (for example reading support, canteens and uniform shops). Parents and carers must check in using the school check-in and show proof of vaccination on entry to the school site.



## End of year presentations

#### Year 12

Once again COVID-19 has presented a range of challenges. We are very conscious that the uncertainly for Year 12 2021 final year of high school has been unsettling please know that we will do everything we can to give them the 'end of school' opportunities which they all deserve. This week they finally begin their HSC exams, I wish them all the very best and hope they all achieve what they are hoping for. **Good Luck Year 12 2021!** 

Year 12 Graduation Assembly – the planning for this is underway and information will be sent to Year 12 families and students from the Year 12 Adviser Mr Colpitts. This will be held on the morning of Monday 6 December 2021. Year 12 Formal – this will be held on Wednesday 8 December 2021 and information has been sent from the Year 12 Adviser Mr Colpitts.

#### Year 11

The Year 11 Presentation will be held on the morning of Friday 10 December, however due to current restrictions, no parents will be able to attend.

#### **Years 7-10**

The Year 7-10 assemblies will be held during the day on either Friday 10 December or Monday 13 December, however due to current restrictions, no parents will be able to attend. Further planning on these events are underway and details will be provided closer to the end of term.

Thank you again for your continued support during this school term. Wishing all of our school community a great week.

Michael Hensley Principal



Keep up to date with the latest announcements and events happening at Kingscliff High School. Take a moment to like our Facebook page. <a href="https://www.facebook.com/kingscliffhighschool">https://www.facebook.com/kingscliffhighschool</a>

#### **White Card Course**

White Card Course on Friday 26 November at the Kingscliff High School Library for 14 years and over Cost: \$110

Please see Ms Levi for permission note

#### **Year 6 Orientation Day**

Year 6 Orientation Day is going ahead on Tuesday 23 November 2021 from 9.30am - 2.15pm. Year 6 students will receive information in the coming week from their primary school.

Hosted by Andrew Jovaisa (Year 7 Year Adviser 2022).



The Uniform shop regular hours are now Wednesdays and Fridays 7.45am to 9.30am. The price list can be found here:

https://www.kingscliff.nsw.edu.au/uniform-shop/

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# Year 12 in your HSC Exams

From the Staff and Students at Kingscliff High School

Michael Hensley **Principal** 

Shaly

Damien Borg

Deputy Principal

Wade Colpitts
Year 12 Adviser



# Vaping & Social Media - Tips For Parents

We've been fielding lots of questions from parents lately around vaping & social media. Below we have provided some helpful information and tips so you're across this increasing trend.

Firstly...what is it? A person "Vaping" inhales a vapour created by an electronic cigarette (e-cigarette) or another vaping device. It is often referred to as JUUL (a provider of vape products). E-cigarettes are battery-powered smoking devices that often look like cigarettes, cigars, pipes, pens, USB hard drives, or phone power bank chargers.

They have cartridges filled with a liquid that usually contains Nicotine, flavourings, and chemicals. There are also non-nicotine liquids. The liquid is heated into a vapour, which the person inhales. That's why using e-cigarettes is called "vaping."

## Tween/Teen Vaping, Usage & Social Media

A recent study by the Alcohol & Drug Foundation found that as of September 2021 in Australia, 14% of 12-17-year-olds have tried an e-cigarette, and 32% had tried in the past month

Combined with the lack of current education around the risks of vaping for teens, they are quickly becoming the highest percentage of current e-cigarette/vaping smokers in Australia.

Social Media sites state that they will remove content or advertising relating to the sale or purchases of e-cigarette/vaping products on their sites. However, a vast amount of vaping content is still shown on sites such as TikTok and Snapchat.

#### Potential health implications

Vaping is a relatively new product, and therefore the long-term side effects have not yet been fully identified; however, health experts are already reporting severe lung damage to people who vape, including some deaths. Vaping cartridge liquids contain hazardous substances with flavours made to make them taste pleasant. Some of the hazardous substances found in the vaping cartridges are:

- Formaldehyde (used for preservation of bodies and in resins used in sealing wood)
- Acetaldehyde (used to produce disinfectants, drugs, and perfumes)
- Acrolein (used in the manufacturing of plastics, fuel, diesel, paraffin wax)

The hazardous chemicals within the Vaping cartridge are known carcinogens (cancer-causing), and although vaping is sold as a safer option than actual smoking, the chemicals alone in the flavours indicate that this may not be the case. Vaping also can contain Nicotine; even when the fluid is sold as nicotine-free, there are small amounts of Nicotine (nicotine is the substance in tobacco (cigarettes) that makes it hard to stop or quit).

Although vaping is often sold as a healthier option than conventional smoking, the non-nicotine version also causes health complications and problems.

# What can you do as a parent?

Talk openly. Ask questions. Do they fully understand what it is, and the health implications? Do they understand the ties to big tobacco? If they don't, research it together. Find out if they are being pressured into trying or buying vaping products. Teach them the power of "no".

As a school and along with the Safe On Social Toolkit we are teaching year-round, we are always here to support you and encourage you to come to us with additional questions you may have about this topic.

# eSafety parent guide

to online gaming

Join the eSafety Commissioner's expert education and training team for a FREE live webinar.

This Term 4 webinar will provide parents and carers with an understanding of the benefits and risks of online gaming. It is designed for parents and carers of young people aged 8–13.

# Register now

**Dates:** (AEDT)

**15 November** 12.30 to 1.30pm

**24 November** 7.30 to 8.30pm



Register now: esafety.gov.au/parents/webinars



