

Principal's Column

Flooding in Our Community

No doubt each and every one of us has been impacted, or knows someone who has been impacted by the unprecedented flooding we have experienced. Many of our families, both students and staff, have lost their homes and possessions, and we are thinking of them all.

During the week our school was closed, many staff and students stepped up to help those around them, and we would like to continue offering any help we can. Any families with students who need uniforms or learning equipment of any sort are asked to contact our front office or their appropriate Year Advisor. While our phone lines are still down, we are reliant on emails or simply dropping into the school.

There are also a range of supports available beyond our school:

- Urgent [mental health and wellbeing support](#)
- LifeWorks Crisis Support Line on 1800 512 188 for 24/7 professional emotional support
- NSW Government [Storms and floods – disaster relief and recovery](#)
- Australian Government [Natural disaster payments and help](#) for those directly affected by bushfires, floods or other natural disasters.

This coming Thursday 17 March, our SRC and Year 8 Social Committee will be holding a fundraising BBQ during Recess to help cover the cost of support we are able to offer to our affected families. Many thanks to Mrs Rodenburg and Mrs Mann for their coordination.

Parent Teacher Evenings

With the lifting of Covid restrictions, it is great to again be able to provide our families with the opportunity to discuss their student's learning progress with their teachers. For Years 11 & 12 this will take place on Tuesday 29 March 2022, while for Years 8, 9 & 10 their evening will be on Tuesday 5 April 2022.

TERM 1 CALENDAR

MONTH – MARCH Week 8

Term 1-COVID-safe school operations

Monday 14 March Day 2

Tuesday 15 March Day 3

*FNC vs NR Rugby League 15s & Opens @ Red Devils Park, Byron Bay

Wednesday 16 March Day 4

*NC Swimming @ Coffs Harbour

Thursday 17 March Day 5

*National Close the Gap Day

*Open Netball Gala & FNC Trials-venue TBC

*Open Boys & Girls Basketball & FNC Trials-Venue TBC

*BBQ Fundraiser at Recess for the flood affected families

Friday 18 March Day 6

MONTH – MARCH Week 9

Monday 21 March Day: 7

*P&C Meeting 6.30pm Online

*HSC Minimum Standards Test – Year 10

Tuesday 22 March Day: 1

*Year 7 Pod Showcase Evening & BBQ

*Year 6 Info Night for Year 7 2023 -Face to Face in the MPU or Facebook Live 6pm

*Open Girls Soccer Knockout Competition

*HSC Minimum Standards Test – Year 10

Wednesday 23 March Day: 2

Thursday 24 March Day: 3

*Aboriginal Education Team Parent & Community Meeting 6pm - 7.30pm in the MPU

Friday 25 March Day: 4

Year 7 Pod Showcase Evening and BBQ – 6 April 2022

On Wednesday 6 April parents and carers of our Year 7 students are invited to a Showcase to celebrate and engage in the learning that has transpired since coming to high school. Each student will set up their "Me In A Bag" work samples and experiences and lead a discussion on their learning and achievements with their families and Pod teachers.

There will also be a BBQ so parents, carers and teachers can meet and mingle with the students.

Times and bookings are to be determined and parents will have the opportunity to book an appropriate timeslot to come and share the journey so far.

Year 7 Pod Parent Information Evening – 22 March 2022

Following on from our Facebook livestream broadcast late last term, and our newsletter earlier this term, the Year 7 Pod team are planning a parent information session for both current Year 7 parents, and parents of students currently in primary school who would like to find out more about our Year 7 Pod program for 2023.

Please refer to the flyer included in this newsletter, a copy of which has been sent out to our partner Primary Schools.

This will again come in the form of a Facebook livestream broadcast from 6:00pm on Tuesday 22 March and families will also have the opportunity to attend in person (face to face) on the night if they prefer. Please refer to the flyer in this issue of Kingy Spirit – the same flyer will also go out to our partner primary schools.

Staff Development Evening

Last Thursday (10 March 2022) our teachers engaged with the first of two professional learning evenings for the year. We focussed on:

- The significance and protocols around a welcome to, or acknowledgement of country as we continue to build our understanding of first nations perspectives in education.
- The Department's High Potential & Gifted Students Education policy, and how this supports our focus on individualised learning journeys for our students.

Aboriginal Education Community Meeting – 24 March 2022

A reminder that our next Community Meeting is on Thursday 24 March 2022 from 6:00pm in our school hall (MPU).



Michael Hensley
Principal



Keep up to date with the latest announcements and events happening at Kingscliff High School. Take a moment to like our Facebook page. <https://www.facebook.com/kingscliffhighschool>



The Uniform shop regular hours are Wednesdays and Fridays 7.45am to 9.30am. The price list can be found here:

<https://www.kingscliff.nsw.edu.au/uniform-shop/>

P&C Uniform Shop

- Payment at the P&C Uniform Shop is by cash, cheque and EFTPOS
- The P&C Uniform Shop is located near our Science block on the left-hand side of the ramp
- For more information, you can contact the Uniform Shop.

Dear Parents/Carers

P&C Meeting – Monday 21 March 2022 online meeting at 6:30pm

All Parents and Carers are invited to attend the next P&C meeting which will be held online at 6:30pm on Monday 21 March 2022.

This is an online meeting and can be easily accessed by clicking on where it says “*click here to join the meeting*” under the Microsoft Teams heading below.

Note that you do not have to have the Microsoft Teams app downloaded - you can just access the meeting via the link.

This link will be accessible from 6:30pm on Monday 21 March 2022.

All parents/carers are welcome, and we look forward to seeing you there!

Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

[Learn More](#) | [Meeting options](#)

P&C Bookkeeper required

Kingscliff High School P&C urgently require an experienced bookkeeper to assist us with our financial responsibilities:

- BAS Submissions
- GST calculations
- Weekly/fortnightly wages
- Superannuation payments
- Insurance & WHS payments
- Supplier payments on a weekly regular basis
- Ability to have regular bookkeeping for annual auditing

And other regularity requirements.

The P&C has 5-7 casual employees, whose Awards are with Retail or Fast Food.

Essential knowledge: Qualified Bookkeeper

Desirable: Knowledge of Quick Books

Knowledge of above awards

Please email:

bori2810@norex.com.au or kingscliff-h.school@det.nsw.edu.au with your resume or questions.

Casual position in Canteen/Uniform Shop at Kingscliff High School

Kingscliff High School requires a casual Canteen Assistant asap for our busy self-serve Canteen, initially on Thursdays & Fridays, hours to be agreed to with option for further hours if required.

The role includes such duties as:

- Preparation of meal orders as per NSW Health, Healthy Canteen Guidelines
- Cleaning & re-stocking stores
- General cleaning & hygiene duties throughout the Canteen
- Serving a high volume of students outside the Canteen, using the EFTPOS machine & cash handling
- Ordering stock as required
- Liaising with P&C Executive Essential Requirements:
- Current Working With Children Check
- Fully vaccinated against COVID 19 (Includes booster)
- Willingness to learn both Canteen & Uniform Shop roles
- Be available for additional hours if needed

Desirable:

- Food Safety Handling Certificate
- Previous Food Handling experience

Please direct all applications/questions to:

Donna - Canteen Supervisor – Kingscliff High School or email kingscliff-h.school@det.nsw.edu.au

Relieving Aboriginal Education Officer position

A panel has now been formed to create an Expression of Interest for interested members of our Aboriginal community to take up this position. Leweena Williams was elected as the parent representative at a meeting held on Thursday 24 February. Thank you also to Aunty Jackie McDonald who represented the AECG and co-chaired the meeting with Mr Matthias. The panel will now convene to create the expression of interest and then advertise the position.

Welcome to and Acknowledgement of Country Learning

Kingscliff High School teachers were grateful to be part of Professional Learning about the significance of Welcome to and Acknowledgement of Country on Thursday March 10. The professional learning gave teachers a deeper understanding of the importance of Country to Aboriginal and Torres Strait Islander people and was delivered by Aboriginal Learning and Wellbeing Officer, Belinda Standage; Relieving Aboriginal Community Liaison Officer, Thomas Avery; Aboriginal Learning and Wellbeing Advisor, Debbie Elliott; and Aboriginal Community Liaison Officer, Andrea Laurie. Now all teachers must put what they learnt into action to create their personal Acknowledgement of Country. The Acknowledgement of Country must be created for a school event or a special occasion. Teachers can create a class acknowledgment, a faculty acknowledgment, a whole school acknowledgment, or do a student workshop.

Kingscliff High School Aboriginal Education Team.

Best Start Year 7 Assessment

Year 7 students will participate in the Best Start Year 7 Assessment in Week 4 Term 1, 2022. Best Start Year 7 is an online literacy and numeracy assessment available to secondary schools that assesses key literacy and numeracy skills of Year 7 students. It is designed to assist teachers to identify students who may require additional support in developing their literacy and numeracy skills. The purpose of the Best Start Year 7 assessment is to provide feedback to teachers to help identify student needs. Best Start Year 7 is just one of a range of assessments the school uses to assess students. Students have been asked to bring headphones or earbuds that connect to their BYOD iPad to enable them to hear audio during the assessment. If your child needs earbuds provided by the school, please contact Mr Clint Wilson.

Calculators

Every KHS student needs to bring a scientific calculator as part of their essential learning equipment. A list of approved devices can be found on the [NESA website](#). Our front office has very recently had a restock of Abacus SX-II Matrix's which can be purchased for \$18 (inc GST). Please contact HT Maths (Rel), Mr Clint Wilson, if your child will require financial assistance to obtain their own calculator.

Kingscliff High School Timetable

As Kingscliff High School has been lifted out of level three covid 19 restrictions we are able to move away from our split recess breaks that the school has been implementing since last year. Please find below the timetable effective from 14 March 2022.

Kingscliff High School regular 4 period day timetable (effective from 14 March 2022)



Monday, Friday	Tuesday, Thursday	Wednesday
Zero Period 8.05 – 8.45 (40mins)	Zero Period 8.05 – 8.45 (40mins)	Zero Period 8.05 – 8.45 (40mins)
Homeroom 8.45-9.00 (15mins)	Staff Meetings 8.30-9.15 (45mins)	Homeroom 8.45-9.00 (15mins)
Period 1 9.00-10.20 (80mins)	Homeroom 9.15-9.30 (15mins)	Period 1 9.00-10.05 (65mins)
Break 10.20-10.45 (25mins)	Period 1 9.30-10.20 (50mins)	Period 2 10.05-11.10 (65mins)
Period 2 10.45-12.05 (80mins)	Break 10.20-10.45 (25mins)	Break 11.10-11.35 (25mins)
Period 3 12.05-1.25 (80mins)	Period 2 10.45-12.05 (80mins)	Period 3 11.35-12.40 (65mins)
Break 1.25-1.55 (30mins)	Period 3 12.05-1.25 (80mins)	Break 12.40-1.10 (30mins)
Senior 4 1.35-2.15 (40mins)	Break 1.25-1.55 (30mins)	Sport 1.10-3.15 (125mins)
Period 4 1.55-3.15 (80mins)	Senior 4 1.35-2.15 (40mins)	
	Period 4 1.55-3.15 (80mins)	

NSW SCHOOL VACCINATION PROGRAM

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2022 the following vaccines will be offered on: **Thursday 31st March & Friday 1st April 2022**

Please note this is a change of date due to the impact of the floods in Lismore on the NSW School Vaccination Program Unit.

YEARS VACCINE NUMBER OF DOSES

- Year 7 Human papillomavirus (HPV) vaccine 2-doses at least 6 months apart Diphtheria-Tetanus-Pertussis (whooping cough) vaccine Single dose
- Years 10 Meningococcal ACWY vaccine single dose

Parent Information Kits that include an information sheet, consent form and privacy statement will be sent home to parents/guardians next week.

To consent to the vaccination of their child, parents/guardians are advised to:

- read all the information provided
- complete the consent form, including signing their name next to the vaccine/s they would like their child to receive
- return the completed consent form to their child's school
- ensure their child eats breakfast on the day of the school vaccination clinic.

Please note that, to improve vaccination completion, students will be opportunistically offered any missed doses during Year 7 and catch up into Year 8 (for HPV and dTpa vaccination) and during Year 10 and catch up into Year 11 (for Meningococcal ACWY vaccination) or consent signed in 2021.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at www.health.nsw.gov.au/immunisation/Pages/withdraw_consent.aspx.

A Record of Vaccination will be provided to each student vaccinated at each clinic either as a physical card or a text message sent to the mobile number recorded on the consent form. Details about vaccinations given at school will also be uploaded to the Australian Immunisation Register (AIR) to support complete vaccination histories.

Overview of the Vaccination Program

In 2022 the following vaccines will be offered:

Year 7 Students	Vaccine	Disease	Who is Eligible	How many doses / visits
	Gardasil	Human Papillomavirus	Year 7 (female and males)	2
	Boostrix	Diphtheria / Tetanus / Pertussis (Whooping Cough)	Year 7 (female and males)	1

Year 8 Students	Vaccine	Disease	Who is Eligible	Dose
	Gardasil	Human Papillomavirus	Year 7 students who are on a catch up from the previous year ie 2020.	1 or 2
	Boostrix	Diphtheria / Tetanus / Pertussis (Whooping Cough)	Year 7 students who are on a catch up from the previous year ie 2020.	1

Year 10 Students	Vaccine	Disease	Who is Eligible	Dose
	Nimenrix	Meningococcal ACWY	Years 10 (female and males)	1

Year 11 Students	Vaccine	Disease	Who is Eligible	Dose
	Nimenrix	Meningococcal ACWY	Years 11 students who are on a catch up from the previous year ie 2020.	1

Cool Kids Online – Internet Delivered Child and Adolescent Anxiety Treatment (Ages 7-17 Years)

Approximately 1 in 5 young people experiences significant anxiety and fearfulness that affects their daily life. The NSW Department of Education has engaged the Centre for Emotional Health at Macquarie University to offer free access to online treatments for school students who have significant anxiety disorders. Please see the attached flyer for further details.



MACQUARIE
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Cool Kids Online

INTERNET DELIVERED CHILD AND ADOLESCENT ANXIETY TREATMENT (AGES 7-17 YRS)

Program Tel: 02 9850 6393
E: CKOschools@mq.edu.au

Approximately 1 in 5 young people experiences significant anxiety and fearfulness that affects their daily life. The NSW Department of Education has engaged the Centre for Emotional Health at Macquarie University to offer free access to online treatments for school students who have significant anxiety disorders.

WHAT IS ANXIETY?

There are a range of different types of anxiety experienced by children and teenagers including finding it difficult to be away from parents, being extremely shy, worrying about what others think of them, avoiding social and school activities, or worrying a lot about everyday matters, potential dangers and the future. Sleep difficulties, headaches, nausea and difficulty breathing can be part of these feelings. Many children experience more than one type of anxiety.



BENEFITS OF COOL KIDS ONLINE

- Families can access Cool Kids Online in the comfort of their own homes
- The interactive online format is easy to navigate and engaging for children and young people
- Families receive professional telephone support throughout the program from qualified, experienced therapists
- Cool Kids Online is based on research and has been shown to be effective in reducing anxiety.



WHAT DO THE ONLINE PROGRAMS INVOLVE?

There are 8 modules that contain text, videos, exercises, and illustrations – to teach the youth (and parent) clear and practical skills to help the young person manage their fears and worries and overcome their anxieties. The modules will cover:

- a. Learning about feelings and anxiety
- b. Fighting fear by facing fear
- c. Detective thinking, and learning to think more realistically
- d. Building assertiveness and dealing with teasing
- e. Helpful ways of coping when upset

Families also receive four, 30 minute-telephone sessions with an experienced therapist during the program. These sessions enable parents or youth to **ask questions** about program content and help them **apply the skills** to their fears and worries.

For children in primary school, the program is mostly delivered to their primary caregiver, who then uses it to help their child. For adolescents in high school, the program is directly delivered to the teenager, with some additional support from their caregiver

WHAT DO WE NEED TO DO?

- Eligible families who are referred by their school counselling team contact Cool Kids team at **02/ 9850-6393** or **CKOschools@mq.edu.au**
- You will be supplied with a link to register your interest in the program
- Once you have completed the registration form, you will be emailed a link to a website. At that linked website you will find a series of detailed questions for both the caregiver and the young person to complete. This is an important assessment that tells us whether the program is suitable for your child.
- If the program is suitable, you will receive a brief call from your allocated therapist who will want to say hello
- Then, you will be contacted by an intake officer who will schedule your four telephone sessions and provide you with a personal login.
- You and your child will work through the program with support from your therapist over the next 12 weeks.
- At the end of 12 weeks, you will once again be asked to complete the online assessment so that we can see how much your child has improved.

ABOUT US

The Centre for Emotional Health (CEH) is an internationally recognised specialist research centre at Macquarie University in Sydney, Australia. The CEH conducts research to further our understanding of child and adult emotional disorders and to improve methods of assessment and treatment.

The Cool Kids Programs have been developed and evaluated at the CEH over the past 25 years. Cool Kids is a structured, skills-based program that teaches children and their parents how to better manage anxiety. Many scientific studies show that most young people who complete Cool Kids experience significant improvements, with decreases in worry, fear, family distress and life interference.



FIND OUT MORE
Centre for Emotional Health Clinic
Macquarie University NSW 2109 Australia
T: +61 (2) 9850 6393
E: CKOschools@mq.edu.au
W: mq.edu.au/ceh-clinic
CRICOS Provider 00002J



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G.SAFE – Gender and Sexuality Advocacy For Everyone

Our school is proud to announce a new LGBTIQAP+ student alliance group at KHS called G. SAFE, which stands for Gender and Sexuality Advocacy for Everyone.

In 2021, our students voiced their concerns for the well-being of our LGBTIQAP+ students. This led to the establishment of a student alliance network who met 3 times a term in 2021. During this time the students came together with the support of our Wellbeing Coordinator Kim Rodenburg, our Student Support Officer John Imbrogno and a representative from Headspace Tweed Heads. The student group developed a new name, a mission statement and guiding principles for the group to operate by - see flyer for details.

Now in 2022, with the support of our School Principal and P&C Committee, we are happy to promote our G. SAFE alliance to the wider community.

The group welcomes all students from all years. We meet every Friday lunchtime, formally in weeks 3, 6 and 9 each term and for lunchtime catch ups every other week. The aim of G. SAFE is to provide a safe space for our LGBTI+ students, their friends and their allies to come together to advocate and educate our whole school community through student voice, agency and leadership. If there are any questions or you would like further information about G. SAFE please don't hesitate in contacting our Wellbeing Coordinator, Kim Rodenburg.



Girls Space



10 week
program
over term 1
& 2 for
young
women of
high school
age

Every Thursday
starting the
10th March
4pm-6pm at
Cudgen Surf
Club

Sisterhood connections
Arts & Craft
Yoga
Body Image
Meditation & Mindfulness
+ much more

CONTACT US TO BOOK
0492 141 601

or email
youthworker1@cabaritayouthservice.org



KINGSCLIFF HIGH SCHOOL



Info NIGHT

Tuesday 22nd March Starting at 6pm - 7:30pm

Where: Kingscliff High School Hall (MPU) or live streamed via facebook

Who: All prospective families

What: Kingscliff High School is hosting an information night for all prospective parents from Kindergarten to Year 6.

There is the option to attend this evening either face to face in the MPU, or alternatively if you are unable to attend face to face - you can tune in to the live Facebook stream via this link - <https://www.facebook.com/events/315909067096914>

We want to make this session available to everyone!

The information night will include:

- A session on the Year 7 Pod model that was adopted this year with Pod Teachers
- Current Year 7 students present for a Q&A session
- BYOD information session presented by the BYOD co-ordinator including information on iPad specifications and a Q&A session.
- Meet the Year 7 Adviser for 2023
- Meet the Principal and Deputy Principal

Sport

TOUCH FOOTBALL NEWS

A group of 9 U15 Girls and group of 10 U15 Boys represented Kingscliff High School on Tuesday 15 February to play in the FNC touch trials. The teams displayed exceptional teamwork and sportsmanship throughout the tournament. The girls finished up winning one game and drawing the other two, whilst the boys were victorious in all three games.



From the trial, 3 of our girls and 4 boys were selected to play in the FNC touch team, Charlotte O'Neill, Ava Henderson, Amelia Ella, Taj Wharekawa, Tavita Binge-Pereira, Lachlan Stewart and Cooper Bell (absent from photo). The students should be congratulated on such an amazing achievement!



FAR NORTH COAST SWIMMING CARNIVAL

Kingscliff High School would like to congratulate all students who attended the Far North Coast Swimming carnival on Tuesday 22 February.

All in all, KHS as a team proved far too good for the rest of the Far North Coast, taking out first place in the teams point score tally. In a dominant display KHS finished 155 points clear of its closest rival.

Adding to this, we had 18 students qualify for multiple individual events at the North Coast carnival along with many other students who have qualified as part of the 10 relay teams that successfully qualified.

Further congratulations should also be extended to the following KHS students who were named age champions at the completion of the meet:

Siena Hoopmann and Jack Harvey (U12)

Sienna McIntosh (U13)

Phoenix Preston (U14)

Scarlett George (U15)

Olivia Sullivan (Opens)

All students will now compete at the North Coast carnival in Coffs Harbour on Wednesday 16 March.



AFL NEWS

Kingscliff High would like to congratulate the following boys on their selection in the North Coast boys U15 AFL team: Jackson Childs, Riley Weir, Will Van den Arend and Jack Clarke.

The boys now play at the upcoming State Championships.





Tweed Valley Hospital Project

Site activity update – Monday 14 to Friday 25 March 2022

Recent extreme weather

We hope you and your family remained safe during the recent extreme weather event. Lendlease closed the Tweed Valley Hospital site from Monday 28 February to Friday 4 March with works commencing at full capacity from Monday 7 March 2022.

Construction activities

The following activities will take place over the next two weeks, weather permitting:

Works for the main hospital buildings:

- Concrete pours on Levels 5 and 6 with approximately four slabs scheduled to be poured in the coming fortnight.
- Steel fixing continues on Level 6 in preparation for slab pours.
- Concrete pours for the Eastern and Western central cores on Levels 7 and 8.
- Concreting for the 10 internal stair cores is ongoing including forming and pouring the stair flights and landings.
- Preparations for second large concrete pour for the bunker roof. This will require a 4.30am start due to the size of the pour. The pour is currently scheduled to occur prior to 31 March, weather pending.
- Removal of formwork on Level 4.
- Continued delivery and installation of precast façade panels and mega façade panels
- Fit-out activities on Basement, Lower Ground, Ground and Level 1 continue, specifically walls, partitions, ceilings, painting and services.
- Ongoing work for the switching (power) station on the western side of site.

Works external to site:

- Works for the permanent power installation on Cudgen Road is nearing completion. The team will work with Essential Energy to finalise the connection into the existing network with the work site on Cudgen Road to be demobbed over the coming weeks.

What to expect during construction?

- Trucks delivering concrete and materials to site.
- Construction vehicles entering and exiting site.
- Standard construction hours are Mon-Fri 6am-6pm, and Sat 6am-6pm.
- Some noise, dust or vibrations may occur from these activities. Monitoring controls are in place to maintain levels within permissible limits.

Additional information

Community notifications are issued to provide important and timely information to the community about the works. Please subscribe [here](#).

For further information about the project, please call the project team on 1800 992 634, email us at tweedvalleyhospital@health.nsw.gov.au or visit the website at www.tweedvalleyhospital.health.nsw.gov.au

Thank you for your patience while we work to deliver the new hospital.